

Healing Roots Counselling & Psychotherapy
Bensons Barn, Umberslade Road,
Earlswood,
B94 5DQ

Healing Roots Counselling & Psychotherapy Terms and Conditions

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1. Introduction

Welcome to the Healing Roots Counselling & Psychotherapy website. If you continue to browse and use this website, you are agreeing to comply with and be bound by the following terms and conditions of use, which together with the privacy policy govern Healing Roots Counselling & Psychotherapy's relationship with you in relation to this website and the service provided. If you disagree with any part of these terms and conditions, please do not use the website or services.

The term 'Healing Roots Counselling & Psychotherapy' or 'the business' or 'the therapist' refers to the owner of the business whose registered office is Bensons Barn, Umberslade Road, Earlswood, Solihull, B94 5DQ. The term 'you' or 'client' refers to the user or viewer of the website and services.

2. Use of the Healing Roots Counselling & Psychotherapy Website

The use of this website is subject to the following terms of use:

- The content of the pages of this website is for your general information and use only. It is subject to change without notice.
- Neither we nor any third parties provide any warranty or guarantee as to the accuracy, timeliness, performance, completeness or suitability of the information and materials found or offered on this website for any particular purpose. You acknowledge that such information and materials may contain inaccuracies or errors and we expressly exclude liability for any such inaccuracies or errors to the fullest extent permitted by law.
- Your use of any information or materials on this website is entirely at your own risk, for which I shall not be liable. It shall be your own responsibility to ensure that any products, services or information available through this website meet your specific requirements.
- This website contains material which is owned by or licensed to us. This material includes, but is not limited to, the design, layout, look, appearance and graphics. Reproduction is prohibited other than in accordance with the copyright notice, which forms part of these terms and conditions.
- Unauthorised use of this website may give rise to a claim for damages and/or be a criminal offence.
- From time to time this website may also include links to other websites. These links are provided for your convenience to provide further information. They do not signify that we endorse the website(s). We have no responsibility for the content of the linked website(s).
- Your use of this website and any dispute arising out of such use of the website is subject to the laws of England, Northern Ireland, Scotland and Wales.

3. Healing Roots Counselling & Psychotherapy Business Terms and Conditions

3.1 General Terms of Service

Both the client and the therapist will behave respectfully to one another and take the commitment to attending and engaging in sessions seriously.

The client is expected to arrive at their sessions on time. Should the client be late, their sessions will not be extended past the originally planned end time for the session. If the client arrives over 20 minutes late, the therapist reserves the right to refuse service to the client. In this event, the session must be paid for in full and no refunds will be given if money has already been paid to the business.

Each counselling session lasts for 60 minutes (unless expressly agreed in advance by the client and therapist). This includes time counselling, homework setting (if applicable), and booking and payment for the next session.

Session bookings are not confirmed until full payment for the session has been received by the business. Failure on the client's part to send the agreed amount in a timely manner may result in the loss of that time slot if another client books and pays for their session at the same time.

Sessions will not begin unless they have been paid for in advance. The business asks that session fees be paid in full at least 24 hours before the due start time of the session.

The therapist will always aim to act safely, ethically, and within the best interests of the client. However, should the client wish to make a complaint, they should contact the therapist directly to see if anything can be done to discuss and rectify the situation. If the client is not happy with the remedy offered, they should contact the BACP and commence their complaints procedure.

The therapist reserves the right to refuse service to any person.

3.2 Limitations of Confidentiality

Everything that the client discusses with the therapist in sessions is confidential, meaning that the therapist will not divulge to anyone what is said to them by the client in any way that would enable them to be identified. For example, friends, family, colleagues and managers of the client will not be told what has been discussed in the client's sessions. However, there are some limitations to this:

- The BACP requires that the therapist attend monthly supervision to practice safely and ethically. When discussing with their supervisor anything that has happened within the client's sessions, the name and descriptions of the client will be withheld and a code will be used to refer to them instead, to ensure that anonymity and confidentiality are upheld.
- Should clients divulge that they have been (or plan to be) party to any illegal activities that put themselves or others at risk of harm, the client acknowledges that the therapist has an ethical responsibility to report this harmful behaviour to the required safeguarding parties, including but not limited to, the police, social services, their supervisor, and medical personnel.
- The client acknowledges that the therapist must inform the police if they disclose that they have been part of illegal activities including money laundering, drug trafficking and terrorism. In the case of terrorism, the client will not be notified by the therapist that the police have been contacted.
- In the event that the client should be involved in a court case or investigated, the therapist has a legal obligation to share client notes with the court and legal parties if they have been subpoenaed. In this event, the client will be notified.
- In the event that the client should admit to being an immediate risk to themselves or others during a session, the therapist has an ethical responsibility to protect them by extending confidentiality to medical and legal professionals including the police and medical personnel.

If the client admits to illegal activities outside of these parameters that do not cause risk to vulnerable persons, or admits to wishing to end their life, the therapist will not need to divulge this to the police. However, a risk assessment will need to be carried out by the therapist. If the client is deemed a medium risk of suicide, the therapist has an ethical responsibility to ensure that the client's General Practitioner is made aware and potentially ask the client's permission to extend confidentiality to a friend or family member to help the client to seek additional support. If the client is deemed a high or immediate risk of suicide then the therapist has an ethical responsibility to extend confidentiality to relevant healthcare professionals and emergency services if necessary.

3.3 Holidays, Rearrangements and Cancellations

Where possible, the client must give the therapist at least two weeks' notice of any holidays or breaks that affect their sessions to ensure that they can be planned for and do not negatively impact the therapeutic work. The therapist will do the same unless it is unavoidable due to unforeseen circumstances.

The client must give the therapist at least 24 hours' notice of cancellations or rearrangements of their sessions. This notice period includes general illnesses. Should the client wake up on the day of the appointment with symptoms of a mild common illness such as a cough or cold, they are expected to attend an online or phone session instead.

Failure to give at least 24 hours' notice of the need to cancel or rearrange will result in the full cost of the session being charged to the client. If clients give 24 hours notice or more of needs to cancel or rearrange then the cost of the session will be refunded, or applied to the rebooked session.

The client has one "grace" on the first instance of giving less than 24 hours' notice if it is not the fault of the client e.g. illness, unavoidable emergencies etc. However, if the need to rearrange or cancel is the fault of the client e.g. forgetting to tell the therapist, then the "grace" does not apply, and full payment for the missed session must be paid to the business.

If clients need to cancel due to illness within 24 hours of a session beginning after already redeeming their one "grace", 50% of the cost of each missed session will need to be paid to the business. The remaining 50% will not be refunded to the client under any circumstances, but the client is able to use the credit towards their next session as long as it is booked for a date no more than 14 days from the original booking. The client is allowed to miss no more than three sessions at short notice due to illness within a 6-month period. If the client misses more than three sessions due to this, the therapist reserves the right to terminate counselling after discussing this with the client. In this instance, the client will be unable to rebook sessions for three months.

Should the client miss two consecutive sessions without giving any notice to the therapist, all future sessions will be cancelled and they will not be able to rebook with the business for three months. Any further failures to attend sessions after this will result in the client being barred from the business indefinitely.

3.4 Abuse and the Therapeutic Relationship

The professional relationship between the client and the therapist is extremely important. The client and therapist will not cross boundaries or try to blur this working relationship. Examples of behaviour that would be detrimental to the relationship and may cause a termination of sessions are listed here, but are not limited to the below:

- Making sexual advances either physically or verbally.
- Making inappropriate or flirtatious comments.
- Trying to befriend each other and meet outside of sessions.
- "Adding" one another on personal social media (this does not include business social media pages).
- Frequently arriving late or missing sessions altogether.
- Repeatedly contacting each other outside of sessions more than reasonably necessary.
- Trying to find out details about each other online or through other people.
- Giving large, expensive or repeated gifts.

Healing Roots Counselling & Psychotherapy has a zero-tolerance policy on abuse. Abuse here means any form of behaviour that the therapist considers to be threatening, antisocial or damaging (either physically or psychologically). Should the client abuse the therapist in any way, the therapist has the right to terminate any current and future sessions without warning. If the sessions are terminated within 24 hours of a therapy session between the client and therapist beginning, the client must pay the therapist the full amount for their session as. Failure to do so may result in the client being taken to small claims court by the therapist to recover lost income. At this point, all court fees (usually £200+) would also be the client's responsibility to pay. In the event of abuse occurring, the therapist may contact the emergency and legal services required to resolve the matter.